

**3ER CAMPEONATO SANJUANINO DE POWERLIFTING Y BENCHPRESS**

SAN JUAN, 12.DIC.2015

**POWERLIFTING**

**Fecha Competencia:** 12-dic-15

Nº	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	Cat.	Provincia	GYM	SQUAT				BENCHPRESS				DEADLIFT				TOTAL	Reshel	Coef	Ranking HOMBRES	
												1.	2.	3.	4.	1.	2.	3.	4.	SUB.	1.	2.	3.					4.
1	Sebastian Rivero	GPA	M	24-may-91	56,00	24	Open	-	56,0	San Juan		100,0	110,0	-115,0	NO	-75,0	-75,0	-75,0	NO	DESC	NO	NO	NO	.	DESC	1,593	DESC	DESC
2	Ezequiel Mosquera	GPA	M	05-oct-94	68,00	21	Jun	Open	75,0	San Juan		180,0	190,0	-200,0	NO	85,0	-92,5	-92,5	NO	275,0	165,0	-180,0	-180,0	NO	440,0	1,228	540,32	3°
3	Mariano Ocampo	GPA	M	24-feb-97	75,10	18	Tn 18-19	Open	82,5	San Juan		140,0	-160,0	-160,0	NO	70,0	-75,0	-75,0	NO	210,0	165,0	-175,0	175,0	.	385,0	1,117	430,05	8°
4	Rodolfo Salazar	GPA	M	23-abr-91	78,10	24	Open	-	82,5	San Juan		100,0	130,0	160,0	.	60,0	80,0	90,0	.	250,0	100,0	130,0	160,0	.	410,0	1,078	441,98	6°
5	Ivan Carmona	GPA	M	08-jun-94	79,60	21	Jun	Open	82,5	San Juan		130,0	140,0	-150,0	NO	70,0	75,0	80,0	.	220,0	130,0	140,0	155,0	.	375,0	1,060	397,50	10°
6	Feferico Cichocki	GPA	M	24-oct-96	79,90	19	Tn 18-19	Open	82,5	San Juan		140,0	150,0	-170,0	NO	90,0	95,0	-100,0	NO	245,0	170,0	180,0	-190,0	NO	425,0	1,057	449,23	5°
7	Jorge Mercado	GPA	M	06-abr-65	80,50	50	M50-54	Open	82,5	San Juan		140,0	-150,0	-150,0	NO	95,0	105,0	-115,0	NO	245,0	150,0	160,0	170,0	.	415,0	1,051	436,17	7°
8	Asiar Fabian	GPA	M	20-ene-86	84,10	29	Open	-	90,0	San Juan		120,0	-150,0	-160,0	NO	95,0	105,0	-115,0	NO	225,0	150,0	175,0	190,0	.	415,0	1,015	421,23	9°
9	Emilio Avila	GPA	M	02-may-80	90,00	35	SubM	Open	90,0	Mendoza		-200,0	205,0	-215,0	NO	130,0	-140,0	-140,0	NO	335,0	185,0	195,0	-205,0	NO	530,0	0,969	513,57	4°
10	Ramiro Mosquera	GPA	M	26-ene-79	96,60	36	SubM	Open	100,0	Chaco		270,0	285,0	295,0	.	145,0	152,0	160,0	.	455,0	220,0	240,0	260,0	.	715,0	0,929	664,24	1°
11	Juan Carlos Mico	GPA	M	12-feb-78	97,80	37	SubM	Open	100,0	Buenos Aires		200,0	215,0	225,0	.	105,0	115,0	120,0	.	345,0	225,0	230,0	262,5	.	607,5	0,924	561,33	2°

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### BENCHPRESS

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Nº	NOMBRE Y APELLIDO	IPO/GPA	SEX	F. Nac	PESO	Edad	DIV 1	DIV 2	CAT	Provincia	GYM	BENCHPRESS				TOTAL	Reshel	Coef	Ranking	
												ALT.	1.	2.	3.				4.	HOMBRES
1	Sebastian Rivero	GPA	M	24-may-91	56,00	24	Open	-	56,0	Mendoza			-75,0	-75,0	-75,0	NO	DESC	1,593	DESC	DESC
2	Alberto Sanches	GPA	M	06-nov-88	64,50	27	Open	-	67,5	Buenos Aires			120,0	130,0	-140,0	NO	130,0	1,306	169,78	1°
3	Ezequiel Mosquera	GPA	M	05-oct-94	68,00	21	Jun	Open	75,0	Chubut			85,0	-92,5	-92,5	NO	85,0	1,228	104,38	7°
4	Ocampo Mariano	GPA	M	24-feb-97	75,70	18	Tn 18-19	Open	82,5	Seleccionar			70,0	-75,0	-75,0	NO	70,0	1,110	77,70	11°
5	Rodolfo salasar	GPA	M	23-abr-91	78,10	24	Open	-	82,5	Seleccionar			60,0	80,0	90,0	.	90,0	1,078	97,02	9°
6	Federico Cichocki	GPA	M	24-oct-96	79,90	19	Tn 18-19	Open	82,5	Seleccionar			90,0	95,0	-100,0	NO	95,0	1,057	100,42	8°
7	Jorge Mercado	GPA	M	06-abr-65	80,50	50	M50-54	Open	82,5	Seleccionar			95,0	105,0	-115,0	NO	105,0	1,051	110,36	5°
8	Asiar Fabian	GPA	M	20-ene-86	84,10	29	Open	-	90,0	Seleccionar			95,0	105,0	-115,0	NO	105,0	1,015	106,58	6°
9	Emilio Avila	GPA	M	02-may-80	90,00	35	SubM	Open	90,0	Seleccionar			130,0	-140,0	-140,0	NO	130,0	0,969	125,97	3°
10	Ramiro Mosquera	GPA	M	26-ene-79	96,60	36	SubM	Open	100,0	Seleccionar			145,0	152,0	160,0	.	160,0	0,929	148,64	2°
11	Juan Carlos Mico	GPA	M	12-feb-78	97,80	37	SubM	Open	100,0	Seleccionar			105,0	115,0	120,0	.	120,0	0,924	110,88	4°
12	Ivan Carmona	GPA	M	08-jun-94	79,60	21	Jun	Open	82,5	Seleccionar			70,0	75,0	80,0	.	80,0	1,060	84,80	10°